

Gamified Training for developing resilience - Thriving in the face of adversity -

Discover techniques for turning setbacks into opportunities for growth

Gamification Storyline:

In this serious business game training, you take on the role of Billy, who is surprised by the news of an impending acid rain. Billy is out of town at the time, so he must seek refuge in a communal bunker with five strangers.

Once there, he has to face his own fears, the complications of living together and the frustration of being separated from his wife indefinitely. The situation reactivates painful memories and brings Billy to the limits of his resilience. He must now learn to use his personal resources to grow and emerge stronger from the experience.

Learn alongside Billy to master stressful situations with confidence and turn them into opportunities for growth.

Characteristics of the Serious Business Game:

- ✓ Learn with gamified training didactic methods.
- ✓ **Applicable and practical content for enhancing resilience.**
- ✓ Results-oriented learning with revolutionary gamification technologies.
- ✓ Use the simulations for experience-based learning.
- ✓ Flexible, intuitive to use, quick and easy to train.
- ✓ An exciting gamification storyline facilitates targeted and experiential learning .
- ✓ **A unique learning experience!**



Yes, just try it out? Get a free test license www.Gamified-Training.com

Gamified-Training is your didactic contact for Serious Business Game Training. We would be happy to provide you with an individual offer for your team: GoFor@Gamified-Training.com. Together with you, we develop concepts how you can support your employees independently of time and location in up to 15 languages simultaneously, worldwide.

Create a new and unique training experience for your employees!

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Knowledge and skills:

LOTUS is a serious business game training that focuses on **practical application**. With the help of the realistic simulations and characters in the gamified training LOTUS an **effective knowledge transfer** succeeds with this training. The gamified training elements stimulate a systematic didactic learning process.

This enables you and your employees as participants to achieve a significant improvement on team and individual employee level in daily activities or projects in the cooperation. Among other things, the following skills are improved:

- ✓ Self-awareness, empathy, self-control, grace under pressure, flexibility, continuous learning, initiative, integrity, interpersonal relationships, effective communication, adaptability, emotional regulation and positive thinking.

Further integrated skills for learning in the Serious Business Game Training:

- ✓ Focus, change management, problem-solving, decision-making and teamwork.



LOTUS

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Content overview:

In three levels of training, LOTUS fosters effective learning by enabling users to practice the key skills needed to build resilience:

- ✓ Connect with yourself to build resilience.
- ✓ Connect with others and find support in your relationships.
- ✓ Connect with the future and find a purpose.
- ✓ **Step by step**, using case studies and simulations, we will introduce you to methodical approaches that will help you to enhance your coping strategies and promote your personal growth. Learn to navigate through challenges and turn setbacks into opportunities for growth.

Objectives | Why LOTUS?

LOTUS is aimed at all profiles, especially those who want to learn how to thrive after hardships and come out stronger through personal growth. The course teaches you to overcome obstacles and harness adversity for self-improvement.

Thanks to this course:

- ✓ Understand how resilience helps us face adversity and come out stronger.
- ✓ Identify what factors hinder and what factors enhance our ability to cope.
- ✓ Identify the skills we need to build resilience and improve their practical application.
- ✓ Recognize and manage your emotions effectively and learn to maintain a positive outlook even in tough situations.



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Methodology

The developed game-based learning method is a combination of **3 elements**:

- ✓ **High quality content** equivalent to a two-day on-site course, with a strong practical focus that is useful and directly applicable to the work
- ✓ The **use of gamification techniques** in terms of story telling, ranking motivation, scoring, different learning and game levels, and incentives through recognition and awards. This makes the training a motivating and exciting learning experience. This directly promotes the intrinsic motivation to learn on your and your employees' side.
- ✓ **Practical exercises** that allow you as a participant to practice directly in a safe and motivating environment and to implement the practical knowledge. You will **receive detailed feedback** in the form of individual learning loops.

How do you make it work? What are the IT requirements?

1. **The only thing you need** to use this business game training is an end device with internet access.
2. You can **access our performance-optimised business game platform** at any time, from anywhere in the world via your individual user profile or integrate the business game training into your LMS (Cornerstone, Moodle, SAP Success Factors, etc.).
3. You will receive regular reports on the progress of your participants and training groups. This allows you to always keep an overview and motivate your teams in a goal-oriented manner.

